

**ALEIN Y. HARO-RAMOS, MPH**

University of California, Berkeley – Health Policy

[aleinharo@berkeley.edu](mailto:aleinharo@berkeley.edu) | 310-430-2608 | <https://aleinharo.com/>

**EDUCATION**

---

Ph.D. Candidate in Health Policy, University of California, Berkeley 2018 – May 2023

*Track: Population Health Science*

MPH, Community Health Sciences, University of California, Los Angeles June 2018

B.A. in Sociology, University of California, Los Angeles June 2015

El Camino Community College

**ACADEMIC APPOINTMENTS**

---

University of California President’s Postdoctoral Fellow, UC Irvine Public Health Program 2023

**RESEARCH & TEACHING INTERESTS**

---

Immigration Status as a Social Determinant of Health | Public Policies, Inequality, and Racial/Ethnic Disparities | Health Equity

**SKILLS**

---

Programs/Languages: Stata, R, Spanish

**PEER-REVIEWED PUBLICATIONS**

---

1. **Haro-Ramos, A.Y.**, Bacong, A, Rodriguez, H.P., 2023. COVID-19 Vaccine Uptake Among Californians and the Role of Racial Discrimination and Area-Level Social Vulnerability. In press in *AJPM Focus*.
2. **Haro-Ramos AY**, Brown TT, Deardorff J, Aguilera A, Pollack Porter K, Rodriguez HP. Frontline Work and Racial Disparities in Social and Economic Pandemic Stressors During the First COVID-19 Surge. *Health Services Research*. 2023; 1-12. doi:[10.1111/1475-6773.14136](https://doi.org/10.1111/1475-6773.14136)
3. Bacong, A.M., **Haro-Ramos, A.Y.** Willingness to Receive the COVID-19 Vaccine in California: Disparities by Race and Citizenship Status. *J. Racial and Ethnic Health Disparities* (2022). <https://doi.org/10.1007/s40615-022-01468-3>
4. **Haro-Ramos, AY**, Bacong, AM, 2022. Prevalence and risk factors of food insecurity among Californians during the COVID-19 pandemic: Disparities by immigration status and ethnicity. *Preventive Medicine* 164, 107268. <https://doi.org/10.1016/j.ypmed.2022.107268>
5. Aguilera A, Hernandez-Ramos R, **Haro-Ramos AY**, Boone C, Luo T, Xu J, Chakraborty B, Karr C, Darrow S, Figueroa C. A Text Messaging Intervention (StayWell at Home) to Counteract Depression and Anxiety During COVID-19 Social Distancing: Pre-Post Study

JMIR Ment Health 2021;8(11):e25298. <https://mental.jmir.org/2021/11/e25298> DOI: 10.2196/25298

6. **Haro-Ramos AY**, Rodriguez HP. Immigration Policy Vulnerability Linked to Adverse Mental Health Among Latino Day Laborers. J Immigrant Minority Health. 2021 Aug 28. [10.1007/s10903-021-01254-z](https://doi.org/10.1007/s10903-021-01254-z)
7. Velarde Pierce S, **Haro AY**, Ayón C, Enriquez L. Evaluating the Effect of Legal Vulnerabilities and Social Support on the Mental Health of Undocumented College Students, Journal of Latinos and Education. 2021. [10.1080/15348431.2021.1949990](https://doi.org/10.1080/15348431.2021.1949990)
8. **Haro AY**, Kuhn R, Rodriguez M, Theodore N, Melendez E, Abel Valenzuela. Beyond Occupational Hazards: Abuse of Day Laborers and Health. Journal of Immigrant and Minority Health. 2020. [10.1007/s10903-020-01094-3](https://doi.org/10.1007/s10903-020-01094-3)

#### **ARTICLE UNDER PEER-REVIEW**

---

1. **Haro-Ramos AY**, Rodriguez HP, Aguilera A. Effectiveness and Implementation of a Text Messaging Intervention to Reduce Depression and Anxiety Symptoms among Latinx and White Users during the COVID-19 Pandemic. Under review in *Behavioural Research and Therapy Journal*.
2. **Haro-Ramos, AY**, Bacong, A. Foregone Paid Leave and Health in California: Disparities Across Race/Ethnicity and Immigration Status. Under review in *Public Health*.

#### **MANUSCRIPTS IN PROGRESS**

---

1. **Haro-Ramos, AY**. Disparities in Social Care Within Clinical Settings Across Race/Ethnicity and Immigration Status.
2. Martin, M, **Haro-Ramos, AY**, Defries, T, Gonzalez, N. Understanding Barriers and Facilitators of Alcohol Use Disorder among Latinx Patients in San Francisco.
3. **Haro-Ramos, AY**. The Role of Adverse Childhood Experiences in Explaining Mental Health Disparities Among Adults by Race/Ethnicity and Immigration Status

#### **POLICY BRIEFS & OTHER PUBLICATIONS**

---

1. **Haro, A.Y**, Chavarin-Rivas, J, Pattabhiraman, T. *Protecting California's Essential Workforce During the COVID-19 Emergency*. Berkeley, CA: California Initiative for Health Equity & Action. 2020. [Link](#)
2. **Haro, A.Y**. *California's Farmworkers: Essential and at Risk*. Berkeley, CA: California Initiative for Health Equity & Action. 2020. [Link](#)
3. **Haro, A.Y.**, Garcia, G. Documenting Workplace Abuses Experienced by Day Laborers in the East San Francisco Bay Area. Berkeley, CA: California Initiative for Health Equity & Action. 2020. [Link](#)

4. **Haro, A.Y.** (2020). *Essential but Expendable: Undocumented Workers Deserve their Dream*. Berkeley Interdisciplinary Migration Initiative, Opinion Piece. [Link](#)
5. Mora, G. C., Schickler, E., **Haro A.Y.**, Rodriguez, H. (2020). IGS Press Release. *Support for a Single-Payer Health Care System to Address Disasters & Pandemics*. [Link](#)
6. Mora, G. C., Schickler, E., **Haro A.Y.** (2020) IGS Press Release. *Broad Support for Farmworker Protections in COVID-19 Context*. [Link](#)
7. Mora, G. C., Schickler, E., **Haro A.Y.** (2020) IGS Press Release. *California Voters Strongly Divided About President Trump's Attribution of COVID-19 to China*. [Link](#)

#### **ACADEMIC HONORS, AWARDS, AND FELLOWSHIPS**

HPRS Robert Wood Johnson Foundation Dissertation Grant ( <b>\$9,900</b> )	2022
American Public Health Association Mental Health Section Lutterman Award Finalist	2022
HPRS Robert Wood Johnson Foundation Writing Retreat	2022
Latinx Research Center Dissertation Writing Fellowship ( <b>\$5,000</b> )	2022
UC Office of the President Pre-Professoriate Fellowship Program, UC Berkeley ( <b>\$30,000 + tuition/fees</b> )	2022
HPRS Robert Wood Johnson Foundation Conference Travel Award	2021
Workshop Fellow: Michigan Center for Urban African American Aging Research (MCUAAAR) Summer Mentoring Workshop for Advanced Doctoral Students	2021
Institute for Research on Labor & Employment Dissertation Fellow ( <b>\$15,000</b> )	2021-2022
Health Policy Research Scholars program, Robert Wood Johnson Foundation ( <b>\$124,000</b> )	2020-2024
The Dr. Julia Quint Work Environment Scholarship ( <b>\$1,000</b> )	2020 – 2021
Health Policy Block Grant, Centene Fellowship ( <b>\$6,000</b> )	Summer 2020
Center for Education, Equity, and Excellence Fellowship ( <b>\$2,000</b> )	2019 – 2020
Institute for Research on Labor and Employment Graduate Research Grant ( <b>\$7,000</b> )	2019 – 2020
UC Berkeley School of Public Health Alumni Fellowship ( <b>\$2,000</b> )	2019 – 2020
Conference Travel Grant, Graduate Division Berkeley ( <b>\$800</b> )	Fall 2019
Graduate Diversity Program Fellowship ( <b>\$2,000</b> )	Fall 2019
Stephen M. Shortell and Leonard D. Schaeffer Health Fellowship ( <b>\$30,000 + tuition</b> )	2018– 2019
University of California Berkeley, Graduate Division Berkeley Fellowship ( <b>\$30,000 + tuition</b> )	2021, 2022
California Initiative for Health Equity & Action (Cal-IHEA) Fellowship ( <b>\$32,000 + tuition</b> )	2018, 2019
Fielding School of Public Health Dean’s Outstanding Student Award ( <b>\$1,000</b> )	Spring 2018
Delta Omega Honorary Society in Public Health Award	Spring 2018

UCLA Center for Mexican Studies Tutoring Program Award <b>(\$2,400)</b>	2017, 2018
UCLA AB-540 UC Office of the President Fellowship <b>(\$20,000 + tuition)</b>	2018
UCLA Public Health Advocacy Fellowship <b>(\$15,000)</b>	2017
Bette & Hans Lorenz Fellowship <b>(\$18,000)</b>	2016 – 2017
UCLA Dean’s Leadership Grant	2016 – 2018
Pre-Health Dreamers Health Professional Advancement Program Fellow <b>(\$2,000)</b>	2015
Alpha Kappa Delta Honorary Society – Sociology Honor Society	2015
Dean’s Honors List, UCLA	2014, 2015
IME Beca Scholarship, Secretaria de Relaciones Exteriores <b>(\$1,500)</b>	2014, 2015
UCLA UndocuBruins Research Scholars Program Scholarship <b>(\$1,500)</b>	2013
UCLA University Dream Grant – Chancellor’s University Grant	2013 – 2015
California Community Fund Fellowship <b>(\$3,000)</b>	2011 – 2013
Longshoreman Student Scholarship <b>(\$1,000)</b>	2011

#### **ACADEMIC CONFERENCE PRESENTATIONS**

---

1. COVID-19 Vaccine Uptake Among Californians and the Role of Racial Discrimination and Area-Level Social Vulnerability. *Oral presentation, Population Association of America*. April 2023.
2. Prevalence and Risk Factors of Food Insecurity Among Californians during the COVID-19 Pandemic: Disparities by Immigration Status and Ethnicity. *Poster presentation, Interdisciplinary Association of Population Health Science (IAPHS)*. September 2022.
3. COVID-19 Vaccine Uptake Among Californians and the Role of Racial Discrimination and Area-Level Social Vulnerability. *Poster presentation, Academy Health*. June 2022.
4. Prevalence and Risk Factors of Food Insecurity Among Californians during the COVID-19 Pandemic: Disparities by Immigration Status and Ethnicity. *Poster presentation, Academy Health*. June 2022.
5. Effectiveness and Implementation of a Text Messaging Intervention to Reduce Depression and Anxiety Symptom among Latinxs and Non-Latinx Whites during the COVID-19 Pandemic. *Video Presentation, UConn Center for mHealth & Social Media Conference*. May 2022.
6. Frontline Work and Racial Disparities in Social and Economic Stressors due to COVID-19. *Oral presentation, Population Association of America (PAA)*. April 2022.
7. Immigration Policy Vulnerability and Mental Health Outcomes of Latino Day Laborers. *Oral presentation, Interdisciplinary Association of Population Health Science (IAPHS)*, October 2021. Annual online meeting.
8. Frontline Work and Racial Disparities in Social and Economic Stressors during the First COVID-19 Surge in California. *Oral presentation, American Public Health Association (APHA)*, October 2021. Annual online meeting.
9. StayWell at Home: A Text Messaging Intervention to Counteract Depression and Anxiety during COVID-19 Social Distancing. *Oral presentation, Brown University Center for Digital Health*. July 2021. Annual online meeting.

10. Social Environment and Socioeconomic Position and their Influence of COVID-19 Psychosocial Stressors. Poster presentation, *AcademyHealth*, June 2021. Annual online meeting.
11. Immigration Policy Vulnerability and Mental Health Outcomes of Latino Day Laborers. Poster presentation, *Population Association of America (PAA)*, May 2021. Annual online meeting.
12. Social Capital and Income Inequality Shape Voter Support for Health Insurance Expansion to Undocumented Immigrants. Oral presentation, *Population Association of America (PAA)*, 2020. Annual Meeting. Washington, DC. (Cancelled due to Coronavirus outbreak).
13. Social Capital and Income Inequality Shape Voter Support for Health Insurance Expansion to Undocumented Immigrants. Oral presentation, *American Association of Public Opinion Research Conference (PAPOR)*, Pacific Chapter. San Francisco, California. December 2019.
14. Social Capital and Support for Medi-Cal Expansion to Undocumented Adults. Poster presentation for the *American Public Health Association (APHA)*. Philadelphia, Pennsylvania. November 2019.
15. Expanding Medi-Cal to Undocumented Californians. Poster presentation, *Academy Health Research*. Washington, DC. June 2019.
16. Beyond Occupational Hazards: Risk, Abuse and the Health of Day Laborers. Oral presentation, *Population Association of America (PAA)*, 2019 Annual Meeting. Austin, Texas. April 2019.
17. Beyond Occupational Hazards: Abuse of Day Laborers and Health. Poster presentation, *American Public Health Association (APHA)*. San Diego, California. November 2018.
18. Mechanisms linking day labor as precarious work to health and well-being: a national exploration. Poster presentation, *Immigrant Health: Structural Adversity, Resistance, and Resilience Symposium*. University of California, Riverside. March 2018.
19. Mexican Ties in Health Care Access for Undocumented Mexican Immigrants in Los Angeles. Oral presentation, *UCLA UndocuBruins Research Scholars Program 2015 Senior Presentation*. Los Angeles, CA. June 2015.

#### **SELECTED SPEAKING ENGAGEMENTS (10 of 25)**

---

1. “Discussing Graduate School and Opportunities to Engage in Research as an Undergraduate” Research presentation for Comunidad for Health Equity (CHE) at UC Berkeley. October 2021.
2. “Latinx, COVID-19, and Work” panelist for the *Latinx Research Center* at UC Berkeley. Nov. 06, 2020. [Link](#).
3. “Political Determinants of Health During the COVID-19 Pandemic” panelist for the *Othering & Belonging Institute* at UC Berkeley. October 2020.
4. “Health Disparities and Social Determinants of Health” for the *Minorities in Health Conference 2020* at UC Berkeley. October 2020.

5. “Addressing Health Inequities by Conducting Research.” Chicax/Latinx for Health Education (CHE). UC Berkeley. October 2020.
6. “Communicating Findings: Ways to Influence Public Conversation.” U.C. Collaborative to Promote Immigrant and Student Equity (UC Promise). UC Irvine. November 2019.
7. “Getting into Graduate School.” Chicax/Latinx for Health Education (CHE) Día de Los Muertos Conference. University of California, San Francisco. October 2019.
8. “Health Policy and Public Health – Diversifying the Field to Achieve Health Equity” Comunidad for Health Equity (CHE) at UC Berkeley. October 2018.
9. “Applying to graduate school as an undocumented student.” Undocumented Student Program at the UCLA. June 2018.
10. “Navigating Graduate School as a First-Gen Student of Color.” Guest speaker for the UCLA Academic Advancement Program. Community Development and Social Justice Program. UCLA. May 2018.

## TEACHING EXPERIENCE

---

PHW200E Health Policy Breadth Course, UC Berkeley	Summer 2021
---	-------------

## INVITED LECTURE PRESENTATIONS

---

- |   |            |
|---|------------|
| 1. Cultural Competency & Cultural Humility in the Context of Racism & Public Health   | Jan. 2023  |
| 2. Community Health Sciences CHS 212: Advanced Social Research Methods in Health, “Legal Vulnerability and Mental Health Outcomes Among Latino Day Laborers” for Dr. Randall Kuhn, UCLA | Oct. 2021  |
| 3. Community Health Sciences CHS 212: Advanced Social Research Methods in Health, “Using Theory to Inform Data Analysis” for Dr. Randall Kuhn, UCLA                                     | Oct. 2020  |
| 4. Chicana/o Studies CM 106: Health in Chicano/ Latino Population, “Social and Occupational Determinants of Health Among Immigrant Day Laborers” for Dr. Hayes-Bautista, UCLA           | March 2018 |

## RESEARCH EXPERIENCE

---

<b>Graduate Student Researcher</b> , UC Berkeley Institute for Governmental Studies CA Poll Programmer and Analyst	2020 – 2022
<b>Graduate Student Investigator (Co-PI)</b> , UC, Berkeley. <i>East Bay Day Labor Study: Work, Health, and Social Context</i> – PI: Hector Rodriguez, Ph.D., MPH. <a href="#">Link</a>	2019 – 2021
<b>Research Fellow</b> , UC, Berkeley, <i>California Initiative for Health Equity &amp; Action</i> (Cal-IHEA) – PI: Hector Rodriguez, Ph.D., MPH	2018 – 2021

<b>Graduate Student Researcher</b> , UCLA Institute for Research, Labor and Employment (IRLE), <i>National Day Labor Study, Precarious Employment and Health</i> – PIs: Drs. Abel Jr. Valenzuela, Michael Rodriguez, and Randall Kuhn	2017 – 2018
<b>Graduate Student Researcher</b> , UCLA Institute for Research, Labor, and Employment (IRLE), <i>Undocumented Student Success</i> – PI: Drs. Abel Jr. Valenzuela	2017 – 2018
<b>Graduate Student Researcher</b> , UCLA Fielding School of Public Health, <i>Developing the 10 Year FSPH Success Plan</i> – PIs: Drs. Brian Cole, Liz Yzquierdo, and Hillary Godwin	2017
<b>Undergraduate Research Scholar</b> , UCLA and the General Mexican Consulate of Los Angeles– PI: Dr. Hernández-De Leon	2015

## **PUBLIC SERVICE**

---

### Contributions to the Media

1. ABC7 San Francisco interviewed Haro to discuss StayWell, a text messaging intervention aiming to address COVID-19-related stress and anxiety among marginalized groups. [Link](#) 2020
2. Haro was interview by Berkeley News to explain President Trump's racialized messaging of the COVID-19 pandemic. [Link](#) 2020
3. KQED interviewed Haro to explain results from COVID-19 and farmworker protections poll results. [Link](#) 2020
4. Haro contributed to public comment at an Assembly Budget Subcommittee #2 on Education Finance. [Link](#) 2019
5. U.S. Congresswoman Nanette Barragan read Haro's testimony in Congress, which contributed to the discourse of H.R. 3440, the DREAM Act 2017

### Community and Volunteering Engagements

- Graduate Student Tutor** at [UCLA Labor Center Tutoring Program](#), University of California, Los Angeles Tutor the children of low wage immigrant parents at a local union, SEIU United Service Workers West, in collaboration with Building Skills Partnership 2017– 2018
- Vice President of Communications** for UCLA FSPH Public Health Student Association 2017 – 2018

### Academic Service

- Student Representative** in the Faculty Search Committee for the SPH Latinxs & Democracy Cluster Hire, University of California, Berkeley Fall 2021
- Appointed Member** of The Chancellor’s Task Force on Becoming a Hispanic Serving 2019–2020

Institution (HSI), University of California, Berkeley – Appointed by Chancellor Carol Chris to serve on a task force charged with creating a roadmap to achieve HSI designation by 2027. [Link](#)

**Graduate Student Mentor** for Comunidad for Health Equity (CHE) at UC Berkeley 2018–Present

**Latinx Graduate Fellow** of *From Day One Program* at University of California, Berkeley Chicano Latinx Student Development. Mentor Cal undergraduate students to cultivate pathways to professional and academic graduate programs by answering questions and sharing my graduate school experiences 2018–2019

## **TRAINING & HEALTH ADVOCACY**

---

### Training

Data Science & Social Justice, UC Berkeley	July 2022
Summer Institute in Migration Research Methods, UC Berkeley	July 2021
ICPSR Summer Program, University of Michigan, Ann Arbor, MI	June–July 2019
Annual Workshop on Formal Demography, University of California, Berkeley	June 2019
BITSS Research Transparency and Reproducibility Training (RT2)	Sept. 2018

### Health Advocacy Experience

Health Policy Intern, UCLA Public Health Training Program on Population Health Advocacy, Community Health Councils (CHC) – Directors: Sarah Blenner, JD, MPH and Michael Prelip, DPA, MPH	May–Dec. 2017
Health Professional Advancement Program Fellow. Pre-Health Dreamers. Director: Angela Chen, Ph.D.	2014–2016

## **MENTEES**

---

### Undergraduate

1. Jessica Arevalo, UC Berkeley Undergraduate, Class of 2022
2. Nicol Hernandez, UC Berkeley Undergraduate, Class of 2021
3. Saul Martinez, UC Berkeley Undergraduate, Class of 2021
4. Ana Alcaraz, UC Berkeley Undergraduate, Class of 2021
5. Gabriel Garcia, UC Berkeley Undergraduate, Class of 2020

### Graduate

1. Selendi Gonzalez, UC Berkeley Undergraduate, Class of 2020; MPH UCLA Class of 2022
2. Jessie Garcia Gutierrez, UC Berkeley, Class of 2022, MPH/MSW, PhD student at University of Washington
3. Rosa Hernandez-Ramos, UC Irvine, Class of 2027, PhD Student in Psychological Science with a Concentration in Clinical Psychology

## **AFFILIATIONS**

---



Haro-Ramos, Alein – CV

American Public Health Association (APHA), Population Association of America (PAA),  
Interdisciplinary Association for Population Health (IAPHS), Academy Health  
Berkeley Interdisciplinary Migration Initiative (BIMI) UC Berkeley

**REVIEWER**

---

International Migration Review Journal Peer Reviewer, 2020

Journal of Medical Internet Research Peer Reviewer, 2022

Ad Hoc Abstract Reviewer – APHA 2019, 2020, Immigrant Integration/Immigration Caucus –  
ARMHealth with Academy Health, 2021, 2022, 2023

IAPHS PhD and Post Doc Award Committee Member